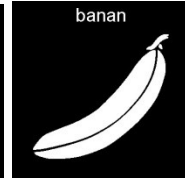
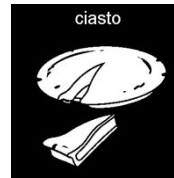


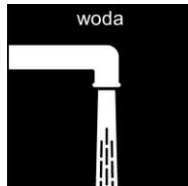
CIASTO BANANOWE



Zanim zaczniesz umyj ręce



Odkręć kran



wyciśnij mydło



potrzyj dłoń o dłoń



spłucz brud



i mydło



wytrzyj ręce

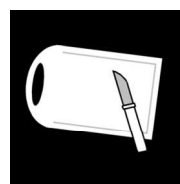


i gotowe

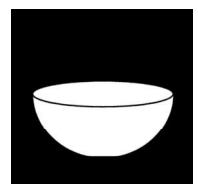
obierz trzy banany



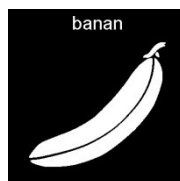
i je pokrój



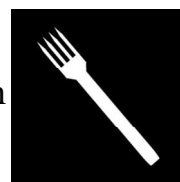
wrzuć do miski



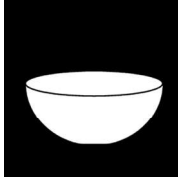
rozgnieć banany



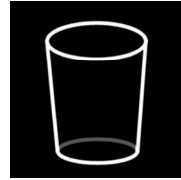
widelcem



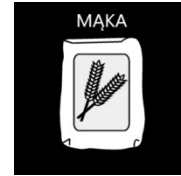
do miski



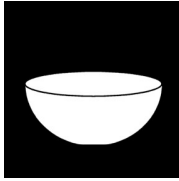
wsyp jedną szklankę



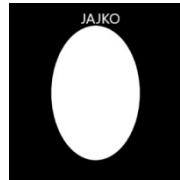
mąki



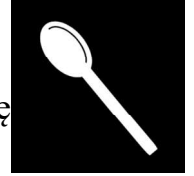
do miski



wbij jedno jajko



wsyp jedną łyżeczkę



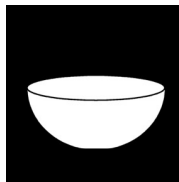
proszku do pieczenia



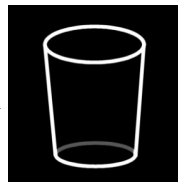
i sody oczyszczonej



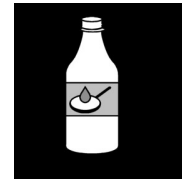
wlej do miski



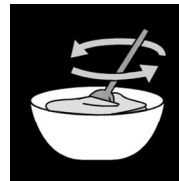
1/3 szklanki



oleju



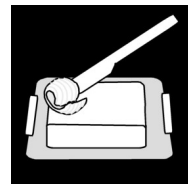
wszystkie składniki dokładnie wymieszaj




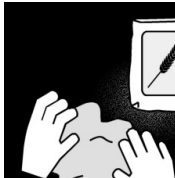
Blachę do pieczenia



wysmaruj masłem



posyp bułką tartą

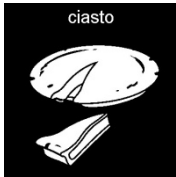
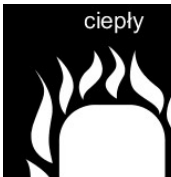
Do blaszki  przelej surowe ciasto 

Nastaw piekarnik  na 180 stopni 

i piecz 45 minut

Czekaj    aż ciasto  wyrośnie

Upieczone ciasto  wyciągnij z piekarnika 

Poczekaj aż ciasto  wystygnie 

SMACZNEGO !!

